

### ABSTRACT OF DISCLOSURE

A vertical traction assembly for using gravity to stretch a person's spine comprises a frame structure and a torso harness combination coupled to depend from the frame structure. The harness combination is effective to maintain a person in a vertical traction position after the person dons the harness combination. A focused traction force mechanism is attached to the frame structure for applying a predetermined amount of focused traction pressure directly to a selected location along the spine of the person who is in the vertical traction position. A feature of the traction force mechanism may include its ability to be adjusted to different locations along the frame structure depending on the location of the afflicted area along the spine of the person being treated.

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